

What is dowsing? It is an ancient art of searching for hidden things (water, precious metals, etc.) using one of the senses that many of us are not even aware of possessing – reportedly 80% of people have this special gift - an ability to sense things not perceptible to others. Some of these people do not need any extra tools to do that – they just KNOW where the best place to dig a well is or where the gold treasure is hidden.

Most people require a "prosthesis" that will help them to focus and read their body signals better. This is what dowsing rods are for. There are many different types and varieties of dowsing rods, from classical, Y-shaped to so called "Swiss" rods, which will be described below. In fact, every Dowser has his/her preference when it comes to this tool and the majority of people make their own, unique rods (that they believe work better than any other).

Why would anyone bother to dowse? Most of us do not need a well in our backyard and it is probably easier to use a metal detector to search for gold. Well, people in Europe and elsewhere believe that dowsing can be used for more important purposes. Underground streams and rivers (groundwater) are thought to produce certain kinds of unhealthy radiation that can cause cancer or other illnesses. Thus, one would presumably be better off building a house in a place devoid of these underground streams.

In fact, most of the castles, palaces, churches, hospitals and homes in the past were built after consultation with a dowser. The place to build a house was chosen carefully and if it was impossible to avoid building over underground sources of radiation, different methods were used to neutralize it. A common practice was to add some organic material (blood, eggs, etc.) to the cement used for the construction.

How can you tell if you are sleeping or working in an unhealthy spot? Some people just don't sleep very well in places like that. They may wake up tired, with a headache, etc. Others need help from a dowser. If there are no dowsers around, your pets can help you. Yes, your pets! Their instincts are not numbed by civilization like ours. Thus they can use them to pick safe places to rest. Apparently dogs tend to choose healthy places to sleep, while cats like to sleep in places unhealthy for people. Other animals and plants can also be used as a guidance; ants like to build their hills over spots with high radiation levels and mistletoe grows exclusively over such spots.

You can also try to become a dowser yourself. Remember? 80% of us can do that. Use the following instructions included to test your dowsing skills.

## **Step 1: Make Your Own Dowsing Rods**

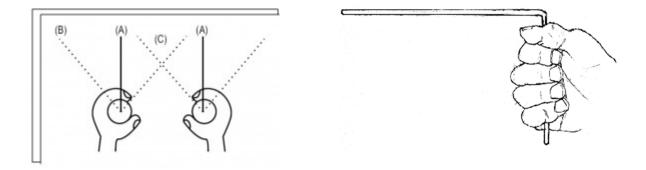
You will need two metal rods, each about 20 inches in length. You can use an old wire shirt hanger as a source of wire. You need to bend the wire to obtain two identical rods with "handles" so that there is a straight angle (90 degrees) between the handle and the main part of the rod. The handles should be approximately 4" long.

## **Step 2: Holding Your Dowsing Rods**

It is crucial to hold the rods properly. You should place the handle of the dowsing rod in the middle of your palm, then close your hand.

Do not squeeze the rods too tight, they will not move. Hold them in such a way that the main part of the rod is parallel to the ground and attempt to keep them in that position at all times.

This is how properly held rods look like from above. They should be parallel to each other when you start your exercise.



## **Step 3: Using Your Dowsing Rods**

Now is the time to test them. Start walking slowly along a straight line – you may notice that your rods move by themselves and cross like the drawing below over certain points. Remember the location of these points and walk over them again. If you get the same results repeatedly, you probably have a talent for dowsing.

